

# LINDNER

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GOLF RESORT PORTALS NOUS  
Mallorca

## BAHARI BEAUTY & SPA

at Lindner Golf Resort Portals Nous





## BAHARI BEAUTY & SPA: EXPERIENCE MAJORCA RIGHT UP CLOSE

Sense the touch of Majorca, the scent of citrus and the rustling of the wind caressing straw roofs - dive into the relaxing world of Bahari Beauty & Spa.

Majorca is particularly rich in natural ingredients for beauty. So it would be our pleasure to pamper you and your skin with rosemary, almonds, olives & the like, along with high-quality products. Our wellness menu is as extensive as it is natural, with monthly selections matched to the season.

### Bahari Beauty & Spa overview:

- Beauty Center
- Yoga area
- African style sauna area with 2 Finnish saunas, showers, relax benches and steam bath
- Indoor pool with jacuzzi
- Gym



## HIGHLIGHTS

We would like to give you a real understanding of Majorca and have developed our own wellness rituals with local ingredients, which will caress not only your skin but also your soul.

## MAJORCAN RITUALS

Our Bahari Beauty & Spa takes you on a journey to the natural beauty ingredients of Majorca. On our “Camino de Mallorca” you learn all about the natural healing plants, vitamin bombs and essential minerals of the island, experience the scent of fresh Mediterranean herbs in our garden and feel the island on your skin with our proprietary Majorcan rituals. We have collected the best of ingredients from local nature and combined them to yield exclusive wellness treatments. Let yourself be pampered in the way of Majorca.



## SIGNATURE RITUALS

### MAJORCAN RITUALS

#### TERRA ALMENDRA

- Cleansing full body peeling with lime-almond oil  
approx. 30 min. 45.00 €

#### TERRA NARANJA

- Fruity orange-sugar peeling
- Relaxing orange-lemongrass back massage  
approx. 50 min. 75.00 €

#### TERRA LIMA

- Invigorating salt-lime peeling
- Nourishing mandarin-lime body wrap
- Face or foot massage
- Relaxation period and body wrap massage  
approx. 80 min. 115.00 €

#### TERRA FRUTA

- Refreshing body scrub with Sal de Mallorca
- Relaxing wellness massage
- Vitalising facial treatment (cleansing, peeling, massage)  
approx. 90 min. 120.00 €



#### TERRA ALOE

- Nourishing full body massage from head to toe including hair with aloe vera oil
- Face massage with aloe vera concentrate  
approx. 80 min. 115,00 €

## #BAHARILOVESYOU RITUALS

#### BAHARI COCO

- Body scrub with Himalaya salt and coconut oil
- Relax massage with coconut oil  
approx. 60 min. 90,00 €

#### BAHARI MIEL

- Head/Foot massage with honey-ginger-oil
- Face cleansing
- Face mask  
approx. 60 min. 90,00 €



## MASSAGES

### CLASSIC MASSAGES

- Classic massage with aromatic oil  
Partial body/back approx. 25 min. 45,00 €  
Full body approx. 50 min. 75,00 €
- Sports massage with cooling or warming gel:  
Intensive, deep-tissue massage  
approx. 50 min. 80,00 €
- Hand/Foot reflexology massage  
approx. 25 min. 45,00 €

### SPECIAL MASSAGES

- Ayurveda oil massage:  
Nurturing, deep-relaxing, soothing  
Partial body approx. 25 min. 45,00 €  
Full body approx. 50 min. 90,00 €  
From head to toe approx. 80 min. 120,00 €
- Hot & Cold Stone Massage  
approx. 50 min. 90,00 €  
approx. 80 min. 120,00 €
- Massage children up to 12  
approx. 15 min. 30,00 €  
approx. 25 min. 40,00 €



## FACIAL TREATMENTS

### BASIC

- Individual Facial Treatment for Her or Him
- BABOR active ingredients individually depending on skin type and desired treatment
- **Contains:** cleansing, skin assessment, peeling, deep cleaning, eyebrow correction, ampoule, short massage, mask, finishing treatment  
**approx. 50 min.** **80.00 €**

### INTENSIVE

- Individual Facial Treatment for Her or Him
- BABOR active ingredients individually depending on skin type and desired treatment
- **Contains:** cleansing, skin assessment, mechanical dermabrasion and highly effective active ingredients for clear results, cryotherapy (cold therapy), deep cleaning, eyebrow correction, ampoule, short massage, mask, finishing treatment  
**approx. 50 min.** **90.00 €**

### LUXURY

- Individual Facial Treatment for Her or Him
- BABOR active ingredients individually depending on skin type and desired treatment
- **Contains:** cleansing, skin assessment, enzyme peeling, deep cleaning, eyebrow correction, ampoule, extensive massage, lifting mask, eye care, finishing treatment  
**approx. 80 min.** **115.00 €**

### AMPOULES CRASH TREATMENT

- Cleansing, uses several ampoules for immediately visible fresher and brighter skin, finishing treatment  
**approx. 25 min.** **40.00 €**

### BEAUTY EXTRAS

- (available in combination with a facial treatment)
- Eyelash/eyebrow colouring, eyebrow correction or facial hair removal **from 10.00 €**
  - as a single treatment **from 15.00 €**
  - Body Depilation **from 30.00 €**

### MEN POWER

- Cleansing, peeling, deep cleansing, short massage  
**approx. 25 min.** **50.00 €**

### TEENS

- Young adult facial treatment up to 16 years old:  
Cleansing, peeling, purification for clear skin, massage  
**approx. 25 min.** **50.00 €**





## HANDS & FEET

### Spa manicure or pedicure

Bath, peeling, nail shaping and filing, nail care, massage with nourishing cream

approx. 50 min. **55.00 €**

### Manicure/Pedicure Express

Nail shaping and filing, nail care, Shellac nails

approx. 25 min. **40.00 €**

### Shellac manicure or pedicure

Nail shaping and filing

approx. 50 min. **60.00 €**

Shellac removal

approx. 25 min. **25.00 €**

Shellac painting

approx. 25 min. **35.00 €**

Shellac removal, nail preparation and new shellac application

approx. 80 min. **80.00 €**

### Beauty Extras

(in combination with a manicure/pedicure)

Nail polish **15.00 €**

French manicure **20.00 €**

## SPA INFORMATION

### INFORMATION AND BOOKING

Our Spa Reception is happy to advise you personally on our treatments at Tel. +34 971 707-769 (Internally in the hotel: 412) or at bahari.portalsnous@lindnerhotels.com.

### CHECK IN

We recommend our hotel guests to arrive 5 to 10 min. before the start of your spa ritual with us. Please note that a late arrival will shorten the time of your treatment.

### CANCELLATIONS

If you can no longer make your appointment, we ask that you cancel at least 24 hours in advance. We charge 100 % of the treatment price for any cancellations on the day of the appointment.

### OPENING HOURS

	OCTOBER - MAY	JUNE - SEPTEMBER
Fitness:	09.00 a.m. - 09.00 p.m.	09.00 a.m. - 09.00 p.m.
Swimming pool:	09.00 a.m. - 09.00 p.m.	09.00 a.m. - 09.00 p.m.
Saunas:	09.00 a.m. - 08.45 p.m.	09.00 a.m. - 08.00 p.m.
Treatments:	09.00 a.m. - 07.00 p.m.	09.00 a.m. - 07.00 p.m.

### CHILDREN AND YOUNG ADULTS

For safety reasons, children under the age of 16 are not permitted to use the gym or sauna. Children may use the swimming pool area daily from 9.00 a.m. to 6.00 p.m. and only under parental supervision.

### CLOTHING

Bathrobes, towels and slippers can be found in your room, or you can request them from the Spa reception. The sauna area is an area of relaxation for all guests. For hygienic reasons, we ask that you always lay a towel beneath you. We recommend that you securely lock all your valuables in your room safe. We regret that Lindner Golf Resort Portals Nous assumes no liability for any lost or stolen items.

### YOUR HEALTH AND WELLBEING ...

... is very important to us. Please inform your therapist of any medical conditions before your treatment.

### PEACE AND RELAXATION

Bahari Beauty & Spa is a place of peace and relaxation, and we therefore ask that you please be considerate of other guests.

### FOOD, DRINKS AND SMOKING

For health and safety reasons, it is prohibited to bring your own food into public areas in the spa. It is also prohibited to bring any breakable items such as glass. Smoking is only allowed in the designated outdoor areas.

### MISCELLANEOUS

All prices are final and include the current VAT. These prices are valid until the arrival of a new spa brochure. We will promptly inform you of the new prices.

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